

NOTE: for this game the timer will go off twice as Procedure 1 is 3 minutes and Procedure 2 is another 3 minutes

Procedure 1: for 3 minutes talk out loud to yourself *without* listening to what other people are talking out loud to themselves about

Transition from Procedure 1 to Procedure 2: incessantly talk through this transition that will be marked by the sound of the alarm going off and the action of restarting the alarm

Procedure 2: for 3 minutes talk out loud to yourself *with* listening to what other people are talking out loud to themselves about



