

Procedure 1: have a conversation with another person about one of the following topics:

- a. Dental flossing being an outdated technology that needs to be renovated
- b. Is love something that you can not believe in or will it be omnipresent regardless of one's beliefs
- c. Animating inanimate objects as an act of empathy or foolery

Procedure 2: spasmodically interrupt the conversation with random associative tangential thoughts stated out loud.



